



CEBU TENPIN BOWLING ASSOCIATION

AS OF 12-SEPTEMBER-2026



HANDICAP RULES

1



GENERAL NOTES:

Handicap rules are designed to equalize competition among bowlers of varying skill levels

2



STANDARD FORMULA:

USBC Rules is applied:
= Base Score - Average x Percentage

$$= (190 - \text{AVERAGE}) * 80\%$$

3



BASE SCORE:

The base score is **190**.

Bowlers with average higher than this base score shall have zero (0) handicap - no negative handicap shall be applied.

4

PERCENTAGE:

A percentage of **80%** shall be used to maintain fair competition.

80%

This allows lower-average bowlers to remain competitive while still rewarding bowlers who improve their performance.

5



BOWLER'S AVERAGE:

Bowler's scratch average (round down to 0 digit) based on at least **12 Games**, **upto the latest 50 games**, updated weekly.

6



ANTI-SANDBAGGING RULE:

Any game score that is more than 30 pins below the bowler's scratch average shall be recorded as **Bowler's Scratch Average minus 30 Pins**.

Maximum drop allowed = **30 pins only**.

Sample: Bowler's average is: 180			
Game	Scratch Score	Record for Handicap	Minimum Score for handicap: 180-30 = 150
Game 1	190	190	
Game 2	150	150	
Game 3	149	150	
Game 4	130	150	
Average	155	160	

7



NEW OR UNVERIFIED BOWLER INITIAL AVERAGE:

Bowler without an official recorded average with CETBA will have a starting average of **160** for both male and female.

After playing a minimum of **12 games**, new average shall be established.

Bowlers who are affiliated to other organization shall be verified in the following order of preference:

- 1) NBT Record
- 2) PBF Record
- 3) Bowler's Association Record.

League officers reserves the right to adjust the declared or temporary average if the bowler's performance clearly indicates a higher playing ability.

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**NO HANDICAP ADJUSTMENT : THIS HANDICAP SYSTEM IS STRICTLY PERFORMANCE- BASED.
NO EXTRA BONUS FOR AGE AND GENDER.**

NO.	BOWLER	GENDER	NO. OF GAMES	SCRATCH AVERAGE (Latest 50 Gmes)	AVERAGE FOR HANDICAP	HANDICAP
1	ADLAWAN, RAYMUND	M	8	0	160	24
2	ALEGRADO, HANNAH	F	12	146	146	35
3	ALQUEZA, EGAY	M	4	0	160	24
4	ALQUEZA, HEBER	M	8	0	160	24
5	ANDAL, JOJO	M	50	156	156	27
6	ANDAL, MICO	M	21	81	81	87
7	ARAPOC, ROGER	M	50	138	138	41
8	ASUMBRADO, ROGER	M	50	156	157	26
9	AVILA, JOMA	M	8	0	160	24
10	BACON, BABY	F	50	123	123	53
11	BANTILAN, ROLAND	M	50	162	163	21
12	BARBAR, AGNES	F	5	0	160	24

NO.	BOWLER	GENDER	NO. OF GAMES	SCRATCH AVERAGE (Latest 50 Gmes)	AVERAGE FOR HANDICAP	HANDICAP
13	BARBAR, RAUL	M	5	0	160	24
14	BARREDO, GIAN ADRIAN	M	50	140	140	40
15	BARREDO, RONAN	M	50	161	162	22
16	BAUDER, ELMA	F	25	112	112	62
17	BELOCURA, JESSIE	M	8	0	160	24
18	BOLONGAN, LUKE	M	50	183	186	3
19	BOLONGAN, SAL	M	50	155	155	28
20	BUCOY, ERIC	M	50	124	124	52
21	BUENAVIAJE, JOSE	M	8	0	160	24
22	BUENO, MANNY	M	13	154	154	28
23	BUYCO, GEFF	M	16	151	151	31
24	BUYCO, GJ	M	8	0	160	24
25	CAJES, LUISE	M	25	154	155	28
26	CALIPAY, DANTE	M	50	155	155	28
27	CALIPAY, DINA	F	0	0	160	24
28	CALIPAY, JOHNA	F	50	139	139	40
29	CALIPAY, ROMMEL	M	50	148	148	33
30	CALO, TONY	M	20	165	165	20
31	CAMERO, ROSE	F	0	0	160	24
32	CAMERO, SAM	F	0	0	160	24
33	CENIZA, NICAH	F	6	0	160	24
34	CENIZA, RENATO	M	50	167	167	18
35	CESAR, KIANNE LESLIE	M	8	0	160	24
36	CHAI, MING LO	M	11	0	160	24
37	CHI, MICHAEL	M	17	162	162	22
38	CONVOCAR, TED	M	50	153	154	28
39	CORTEZ, EDGAR	M	50	145	145	36
40	DALLEON, KIT	M	0	0	160	24
41	DANTE, ANDRE	M	4	0	160	24
42	DANTE, DODONG	M	50	141	142	38
43	DANTE, TESSIE	F	50	142	142	38
44	DAVIS, JERRY	M	24	168	168	17
45	DESPOJO, MANDO	M	41	159	160	24
46	DILLA, ED	M	50	142	142	38
47	DIONISIO, PJ	M	4	0	160	24
48	DOLOR, JUN	M	12	156	156	27
49	DROSSEL, DETLEV	M	17	157	157	26
50	EDRADAN, FLOR	F	50	124	124	52
51	EMANO, RICHARD	M	24	155	155	28
52	ENOVESO, DORY	F	50	137	138	41
53	ENOVESO, ORLY	M	50	130	131	47
54	ESCANUELLA, BOBBY	M	50	130	130	48
55	ESOLANA, ROY	M	14	155	155	28
56	ESTEBAN, JUN	M	4	0	160	24
57	FINES, MEL	M	50	154	155	28
58	FRANCISCO, ESTER	F	50	123	124	52
59	FRANCISCO, GING	M	50	167	168	17
60	GAKENHOLZ, SONIA	F	50	133	133	45
61	GALINDO, JOHN	M	0	0	160	24
62	GARCES, JOE	M	50	142	142	38
63	GASATAYA, JOHN	M	50	170	170	16
64	GONZALES, RAMILIE	F	12	160	160	24
65	GOTHONG, DOCDOC	M	50	139	139	40
66	GUARIN, CHENGBEE	F	20	104	104	68

NO.	BOWLER	GENDER	NO. OF GAMES	SCRATCH AVERAGE (Latest 50 Gmes)	AVERAGE FOR HANDICAP	HANDICAP
67	GUARIN, JUNKELL	M	29	136	136	43
68	HODGKINSON, FLOR	F	50	136	137	42
69	HODGKINSON, MARK	M	50	167	168	17
70	JUMAPAO, JOMAR	M	17	176	192	0
71	KOBAYASHI, TERUO	M	0	0	160	24
72	KOENIGSHOFER, DAVID	M	50	136	136	43
73	KOKSENG, JARED	M	50	108	108	65
74	KUA, CYNTHIA	F	14	130	130	48
75	LIM, CLYDE	M	50	166	166	19
76	LIM, DAVE RUSSEL	M	50	139	139	40
77	LONGCANAYA, DELMA	F	50	134	135	44
78	LONGCANAYA, JANICE	F	50	159	159	24
79	LONGCANAYA, NESTOR	M	50	149	149	32
80	LOON, ALEXONES	M	8	0	160	24
81	LUCHKENWALD, CEDRIC	M	8	0	160	24
82	MADES, NUNES	M	4	0	160	24
83	MANUEL, MANUEL	M	0	0	160	24
84	MAQUILING, STEPH	F	4	0	160	24
85	MARQUEZ, NOEL	M	0	0	160	24
86	MARSANGCA, OMAR	M	45	152	152	30
87	MAURO, BEBIE	F	0	0	160	24
88	MAURO, ROMY	M	0	0	160	24
89	MCDOUGALL, LILIA	F	0	0	160	24
90	MEDALLO, ROMEL	M	18	142	142	38
91	MEDALLO, SALVE	F	50	147	148	33
92	MINOK, ALEX	M	4	0	160	24
93	MIRANDA, MICMIC	M	0	0	160	24
94	MIRASOL, KEVIN	M	50	142	142	38
95	MIRASOL, SHEILA	F	4	0	160	24
96	NGO, BETH	F	50	140	140	40
97	NUZARA, REISA	M	8	160	160	24
98	OKA, LYN	F	23	135	135	44
99	PADAWAN, AUI	M	50	166	166	19
100	PADAWAN, VIVIAN	F	50	148	148	33
101	PAQUIBOT, LEMUEL	M	20	131	131	47
102	PENA, DAVID	M	50	150	151	31
103	RANIDO, NESTOR	M	50	152	153	29
104	REGINO, TESS	F	50	135	135	44
105	REYES, DALE	M	4	0	160	24
106	REYES, RENATO	M	50	165	165	20
107	ROSS, MIKE	M	0	0	160	24
108	RUBEN	M	4	0	160	24
109	SABANG, DANNY	M	50	157	157	26
110	SABERON, ANDRE	M	0	0	160	24
111	SARABIA, CATHY	F	50	131	131	47
112	SARABIA, MEGGY	M	50	159	159	24
113	SARADOR, GLENN	M	0	0	160	24
114	SARMIENTO, CHERRY	F	50	147	147	34
115	SARMIENTO, KATHRYN	F	0	0	160	24
116	SARVIDA, ROBERT	M	50	149	151	31
117	SAWANGAN, ALBERT	M	50	157	157	26
118	SAWANGAN, NOVIELYN	F	37	136	137	42
119	SCHULZE, JACKY	F	4	0	160	24
120	SCHULZE, UWE	M	33	158	158	25

NO.	BOWLER	GENDER	NO. OF GAMES	SCRATCH AVERAGE (Latest 50 Gmes)	AVERAGE FOR HANDICAP	HANDICAP
121	SEVILLA, MANNY	M	50	124	125	52
122	SEVILLA, MARVIN	M	50	161	161	23
123	SHOCKEY, LENARD	M	16	116	116	59
124	STEPHEN, CHRIS	M	25	129	129	48
125	TAN, CRISTILYN	F	16	141	141	39
126	TAN, JEFFERSON	M	50	154	155	28
127	TAPAYA, ARTHUR	M	13	150	150	32
128	TAPAYA, LUTHER	M	13	158	158	25
129	TENEDERO, CHOLO	M	4	0	160	24
130	TESCH, SYLVIA	F	50	139	139	40
131	TORRES, TONY	M	50	158	159	24
132	TURNER, RICHARD	M	13	163	163	21
133	UY, JAIME	M	50	151	151	31
134	UYBENGKEE, CYNTHIA	F	50	128	128	49
135	VALENCIA, NOLI	M	39	147	147	34
136	VALENZUELA, ED	M	25	126	126	51
137	VELARDE, REY	M	50	176	177	10
138	VELASCO, RAMEL	M	29	154	154	28
139	VILLA, MJ	M	50	161	161	23
140	VILLANUEVA, NICK	M	50	142	143	37
141	VILLAR, MARTIN	M	50	144	144	36
142	VILLAR, MARVIN	M	50	140	140	40
143	VILORIA, CELIS	M	50	139	139	40
144	VILORIA, MAENG	M	8	0	160	24
145	VINLUAN, RONIE	M	50	130	130	48
146	WAYWAY , IANNE	M	24	113	113	61
147	WILLIAMS, FRENZY	F	0	0	160	24
148	WILLIAMS, PAUL	M	5	0	160	24
149	WILLIAMS, TERRENCE	M	50	164	164	20
150	YNOC, TONY	M	50	137	137	42
151	YU, JM	M	50	139	139	40
152	YU, JOSEPH	M	19	171	171	15
153	YU, MIKE	M	50	149	150	32
154	ZAMORA, JOHN	M	50	163	163	21
155	ZAMORA, MATT	M	43	128	128	49